

Youth / Young Adult Residential

Goodwin House

Ages: 13-17

Gender: Male

187 Fairview Ave., Chicopee, MA 01013

Phone: 413-316-1642

Cushing House

Ages: 16-20

58 Old Colony Ave., South Boston, MA 02127

Gender: Female - Phone: 617-269-2933, Ext. 2

Gender: Male - Phone: 617-269-2933 Ext 1

Cornerstone Recovery

Ages: 18-25

Gender: Female

59 South Street, Ware, MA 01082

Phone: 413-758-4050, Ext. 680

Megan's House

Ages: 18-25

Gender: Female

Lowell, MA - www.themeganhouse.org

Phone: 978-455-6973

Pegasus House

Ages: 18-25

Gender: Female

482 Lowell St., Lawrence, MA 01840

Phone: 978-687-4257

Spectrum Young Adult Program

Ages: 18-25

Gender: Male

154 Oak Street, Westborough, MA 01581

Phone: 508-898-1570, Ext. 2100

For more information about services for youth and young adults:

Massachusetts DPH / BSAS
Office of Youth and Young Adult Services
250 Washington Street, 3rd Floor
Boston, Massachusetts 02108
617-624-5111, TTY 888-448-8321
www.mass.gov/dph/youthtreatment

Recovery High Schools:

William J. Ostiguy High School

Boston | 617-348-6070

North Shore Recovery High School

Beverly | 978-922-3305

Liberty Preparatory Academy

Springfield | 413-750-2484

Independence Academy

Brockton | 508-510-4091

Rockdale Recovery High School

Worcester | 508-854-4939

Families can make direct referrals. No cost!

Family Recovery Resources:

Learn to Cope

- Weekly peer support for adults with loved ones struggling with substance use
- Overdose education & online support/resources: www.learn2cope.org

Western MA Parents Support Group

www.facebook.com/parentsofaddictssupport

Allies in Recovery

- Online support to help families change the conversation about addiction (free in MA)
- www.alliesinrecovery.net

The Grayken Center for Addiction in MA

- Statewide Family Helpline; Free Parent Coaches
- www.graykenaddictionsupport.org
- (844) 319-5999 or text HOPEMA to 55753

12-Step Family Support Groups

- Al-Anon/Alateen: www.ma-al-anon-alateen.org
- Nar-Anon: www.naranonctma.org
- Families Anonymous: www.familiesanonymous.org

Partnership for Drug-Free Kids:

- Guides, resources, helpline and more
- www.drugfree.org, 855-378-4373

Last Modified: September 2019

BSAS Youth and Young Adult Treatment Program Contact Information for Referrals

Help with referrals is provided by the Massachusetts Substance Use Helpline
800-327-5050 or www.helplinema.org, Mon-Fri, 8 am – 10 pm; weekends 8 am – 6 pm

It's hard to ask for help, especially when you're worried about alcohol or drug use. The bravest thing to do is to reach out. For all services listed here, your health insurance or BSAS may cover costs.

Detox & Stabilization

For youth ages 13 to 20 needing medical, emotional, and behavioral stabilization from substance use or dependence. Length of stay depends on an individual's need (average stay is 14 days).

Youth Residential Treatment

Youth between the age of 13 and 17, who are medically stable, can receive individual, group, and family counseling in a therapeutic residential setting. Length of stay varies (typically 45 to 90 days).

Young Adult Residential Treatment

Young adults up to age 25 who are medically stable can access a variety of individual and group services and resources that support ongoing recovery. Length of stay varies (often 4 to 6 months).

Outpatient Counseling

Call the MA Substance Use Helpline to find out what licensed outpatient programs are available for youth and young adults experiencing problems with alcohol or drugs. Ask about **Adolescent Community Reinforcement Approach (A-CRA)** programs in your area - clinicians can help at all stages of recovery and support families!

Recovery High Schools

Recovery high schools offer an alcohol- and drug-free environment to meet the educational and recovery related needs of students. These public schools meet MA requirements of each student's school district, while offering small class sizes, individual attention, licensed counseling support, and much more. No cost.

Medication Assisted Treatment/ Withdrawal Management

Research shows that MAT can help successfully treat substance use disorders and sustain recovery, including for youth and young adults, ages 16+. Contact the MA Substance Use Helpline for referrals: www.helplinema.org

Detox/Stabilization for Youth

MYR (Motivating Youth Recovery)

Ages: 13-17

Gender: Male/Female

26 Queen St., Worcester, MA 01610

Phone: 508-860-1244

Note: CASTLE (Clean and Sober Teens Living Empowered) closed - September 2019